

February 2025 | West Rusk Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
3 SAUSAGE BISCUIT CEREAL- MUFFIN PBJ- GOLDFISH FRUIT JUICE CHOICE MILK CHOICE	4 PANCAKE ON A STICK CEREAL- POPTARTS PBJ- GRAHAMS FRUIT JUICE CHOICE MILK CHOICE	5 BREAKFAST PIZZA CEREAL- MUFFIN PBJ- GOLDFISH FRUIT JUICE CHOICE MILK CHOICE	6 GRILLED CHEESE CEREAL- POPTARTS PBJ- GRAHAMS FRUIT JUICE CHOICE MILK CHOICE	7 FRENCH TOAST EGG PATTY CEREAL- MUFFIN PBJ- GOLDFISH FRUIT JUICE CHOICE MILK CHOICE
10 SAUSAGE BISCUIT CEREAL- MUFFIN PBJ- GOLDFISH FRUIT JUICE CHOICE MILK CHOICE	11 FRENCH TOAST EGG PATTY CEREAL- POPTARTS PBJ- GRAHAMS FRUIT JUICE CHOICE MILK CHOICE	12 BAGEL PIZZA CEREAL- MUFFIN PBJ- GOLDFISH FRUIT JUICE CHOICE MILK CHOICE	13 CHICKEN & BISCUIT CEREAL- POPTARTS PBJ- GRAHAMS FRUIT JUICE CHOICE MILK CHOICE	14 GRILLED CHEESE CEREAL- MUFFIN PBJ- GRAHAMS FRUIT JUICE CHOICE MILK CHOICE
17 COMP DAY	18 PANCAKE ON A STICK CEREAL- POPTARTS PBJ- GRAHAMS FRUIT JUICE CHOICE MILK CHOICE	19 BREAKFAST PIZZA CEREAL- MUFFIN PBJ- GOLDFISH FRUIT JUICE CHOICE MILK CHOICE	20 GRILLED CHEESE CEREAL- POPTARTS PBJ- GRAHAMS FRUIT JUICE CHOICE MILK CHOICE	21 FRENCH TOAST EGG PATTY CEREAL- MUFFIN PBJ- GOLDFISH FRUIT JUICE CHOICE MILK CHOICE
24 SAUSAGE BISCUIT CEREAL- MUFFIN PBJ- GOLDFISH FRUIT JUICE CHOICE MILK CHOICE	25 FRENCH TOAST EGG PATTY CEREAL- POPTARTS PBJ- GRAHAMS FRUIT JUICE CHOICE MILK CHOICE	26 BAGEL PIZZA CEREAL- MUFFIN PBJ- GOLDFISH FRUIT JUICE CHOICE MILK CHOICE	27 CHICKEN & BISCUIT CEREAL- POPTARTS PBJ- GRAHAMS FRUIT JUICE CHOICE MILK CHOICE	28 GRILLED CHEESE CEREAL- MUFFIN PBJ- GRAHAMS FRUIT JUICE CHOICE MILK CHOICE

Announcements:

FEB. 14, 2025
**EARLY RELEASE
VALENTINE'S DAY**

FEB. 17, 2025
COMP DAY

FEB. 24, 2025
PRESIDENT'S DAY



Beets

Season in Texas: January - March;
September - November

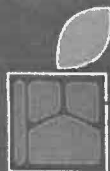
Did you know?

The main part of the beet that is eaten
is the root; you can also eat the greens



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
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National School Lunch Program

